

Lunes

Martes

Miercoles

Jueves

Viernes

1 Crema de Calabacín
Zucchini Cream
Merluza a la Andaluza
Floured Hake
Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

2 Crema de Verduras
Vegetable Cream
Cinta de Lomo Asada al Limón
Roasted Pork with Lemon
Patata Asada
Roasted Potatoes
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

3 Sopa de Cocido (Fideos S/Gluten S/Huevo)
Meat Soup with Gluten Free Noodles
Cocido Completo
Chickpeas with Meat and Vegetables
Repollo
Cabagge
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

4 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Merluza en Salsa
Hake in Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

7 Pasta S/Gluten S/Huevo a la Boloñesa
Gluten Free Pasta with Bolognese

Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

8 Sopa de Fideos S/Gluten S/Huevo
Gluten- Free Noodle Soup

Cinta de Lomo a la Plancha
Loin
Patatas Fritas
French Fries
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

9 Lentejas con Verduras
Stewed Lentils with Vegetables

Merluza a la Andaluza
Floured Hake
Arroz Pilaf
Rice
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

10 Crema de Verduras
Vegetable Cream

Muslitos de Pollo en Salsa
Chicken in Sauce
Tomate Aliñado
Seasoned Tomato
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

11 Arroz con Tomate y Huevo Cocido
Rice with Homemade Tomato Sauce and Cooked Egg

Merluza al Horno
Baked Hake
Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

14 Pasta S/Gluten S/Huevo a la Napolitana
Gluten-Egg Free Pasta with Tomato Sauce

Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

15 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce

Cinta de Lomo al Horno
Baked Loin
Calabacín Asado
Baked Zucchini
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

16 Alubias Blancas con Verduras
Stewed White Beans with Vegetables

Merluza a la Romana
Floured Hake
Patata Dado
Diced Potatoes
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

17



Festivo
Festive

18



Festivo
Festive

21 Crema de Puerros
Leek Cream
Ragout de Pavo Estofado
Stewed Turkey
Arroz Pilaf
Rice
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

22 Lentejas con Arroz
Stewed Lentils with Rice
Merluza en Salsa
Hake in Sauce
Brócoli Salteado
Sautéed Broccoli
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

23 Pasta S/Gluten S/Huevo al Pomodoro
Pasta gluten-egg free with Tomato Sauce
Revuelto de Jamón York
Scrambled Eggs with Ham
Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

24 Patatas a la Marinera
Stewed Potatoes with Squids
Cinta de Lomo al Horno
Baked Loin
Calabacín Asado
Baked Zucchini
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

25 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Merluza a la Andaluza
Floured Hake
Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

28 Lentejas con Verduras
Stewed Lentils with Vegetables

Tortilla de Patata
Potato Omelette

Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

29 Pasta S/Gluten S/Huevo con Tomate Casero
Gluten/Egg-Free Pasta with Homemade Tomato Sauce
Merluza en Salsa
Hake in Sauce

Tomate Aliñado
Seasoned Tomato
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

30 Paella de Verduras
Rice with Vegetables

Magro de Cerdo Estofado
Stewed Lean Pork

Zanahorias Cubito Salteadas
Sautéed Carrots
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream

Salchichas de Pavo con Salsa Terrorífica
Turkey Sausages with Terrorific Tomato Sauce
Patata Dado
Diced Potatoes
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

Lunes

Martes

Miercoles

Jueves

Viernes

- 7 Macarrones a la Boloñesa
Pasta with Bolognese Sauce

Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 14 Tallarines a la Napolitana
Pasta with Tomato Sauce
Tortilla Francesa
Omelette

Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 21 Crema de Puerros
Leek Cream
Ragout de Pavo Estofado
Stewed Turkey
Cous Cous
Cous Cous
Fruta y Pan
Fruit and Bread
- 28 Lentejas con Verduras
Stewed Lentils with Vegetables
Tortilla de Patata
Potato Omelette

Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread

- 1 Crema de Calabacín con Queso
Zucchini Cream with Cheese
Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 8 Sopa de Estrellitas
Star Soup

Lomo de Sajonia
Saxony Pork
Patatas Fritas
French Fries
Fruta y Pan
Fruit and Bread
- 15 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Cinta de Lomo al Horno
Baked Loin

Calabacín Asado
Baked Zucchini
Fruta y Pan
Fruit and Bread
- 22 Lentejas con Arroz
Stewed Lentils with Rice
Pollo en Salsa
Chicken in Sauce
Brócoli Salteado
Sauteed Broccoli
Fruta y Pan
Fruit and Bread
- 29 Espaguettis a la Carbonara
Carbonara Spaguettis
Pollo en Salsa
Chicken in Sauce

Tomate Aliñado
Seasoned Tomato
Fruta y Pan
Fruit and Bread

- 2 Crema de Verduras
Vegetable Cream
Cinta de Lomo Asada al Limón
Roasted Pork with Lemon
Patata Asada
Roasted Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 9 Lentejas con Verduras
Stewed Lentils with Vegetables

Revuelto de Calabacín
Scrambled Eggs with Zucchini
Arroz Pilaf
Rice
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 16 Alubias Blancas con Verduras
Stewed White Beans with Vegetables
Filete de Pollo Enharinado (Harina de Maíz)
Floured Chicken
Patata Dado
Diced Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 23 Codos al Gratén
Pasta au Gratin
Revuelto de Jamón York
Scrambled Eggs with Ham
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 30 Paella de Verduras
Rice with Vegetables
Magro de Cerdo Estofado
Stewed Lean Pork

Patata Cocida
Boiled Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

- 3 Sopa de Cocido
Meat Soup
Cocido Completo
Chickpeas with Meat and Vegetables
Repollo
Cabagge
Fruta y Pan
Fruit and Bread
- 10 Crema de Verduras
Vegetable Cream

Muslitos de Pollo en Salsa
Chicken in Sauce
Tomate Aliñado
Seasoned Tomato
Fruta y Pan
Fruit and Bread
- 17 
Festivo
Festive
- 24 Patatas Estofadas con Verduras
Stewed Potatoes with Vegetables
Hamburguesa de Ternera al Horno
Baked Veal Burger
Calabacín Asado
Baked Zucchini
Fruta y Pan
Fruit and Bread
- 31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream
Salchichas de Pavo con Salsa Terrorífica
Turkey Sausages with Terrorific Tomato Sauce
Patata Dado
Diced Potatoes
Yogur y Pan
Yogurt and Bread

- 4 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Revuelto de Queso
Scrambled Eggs with Cheese
Ensalada Variada
Mixed Salad
Yogur y Pan
Yogurt and Bread
- 11 Arroz con Tomate y Huevo Cocido
Rice with Homemade Tomato Sauce and Cooked Egg
Salchichas de Pavo al Horno
Turkey Sausages
Ensalada Variada
Mixed Salad
Flan y Pan
Flan and Bread
- 18 
Festivo
Festive
- 25 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Yogur y Pan
Yogurt and Bread

Lunes

Martes

Miercoles

Jueves

Viernes

- 1 Macarrones a la Boloñesa
Pasta with Bolognese Sauce
- 7 Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 14 Tallarines a la Napolitana
Pasta with Tomato Sauce
Tortilla Francesa
Omelette
- Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 21 Crema de Puerros
Leek Cream
Ragout de Pavo Estofado
Stewed Turkey
Cous Cous
Cous Cous
Fruta y Pan
Fruit and Bread
- 28 Lentejas con Verduras
Stewed Lentils with Vegetables
Tortilla de Patata
Potato Omelette
- Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread

- 1 Crema de Calabacín con Queso
Zucchini Cream with Cheese
Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 8 Sopa de Estrellitas
Star Soup
- Lomo de Sajonia
Saxony Pork
Patatas Fritas
French Fries
Fruta y Pan
Fruit and Bread
- 15 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Cinta de Lomo al Horno
Baked Loin
- Calabacín Asado
Baked Zucchini
Fruta y Pan
Fruit and Bread
- 22 Lentejas con Arroz
Stewed Lentils with Rice
Pollo en Salsa
Chicken in Sauce
Brócoli Salteado
Sautéed Broccoli
Fruta y Pan
Fruit and Bread
- 29 Espaguettis a la Carbonara
Carbonara Spaguettis
Pollo en Salsa
Chicken in Sauce
- Tomate Aliñado
Seasoned Tomato
Fruta y Pan
Fruit and Bread

- 2 Crema de Verduras
Vegetable Cream
Cinta de Lomo Asada al Limón
Roasted Pork with Lemon
Patata Asada
Roasted Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 9 Lentejas con Verduras
Stewed Lentils with Vegetables
- Revuelto de Calabacín
Scrambled Eggs with Zucchini
Arroz Pilaf
Rice
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 16 Alubias Blancas con Verduras
Stewed White Beans with Vegetables
Filete de Pollo Enharinado (Harina de Maíz)
Floured Chicken
Patata Dado
Diced Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 23 Coditos al Gratén
Pasta au Gratin
Revuelto de Jamón York
Scrambled Eggs with Ham
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 30 Paella de Verduras
Rice with Vegetables
Magro de Cerdo Estofado
Stewed Lean Pork
- Patata Cocida
Boiled Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

- 3 Sopa de Cocido
Meat Soup
Cocido Completo
Chickpeas with Meat and Vegetables
Repollo
Cabagge
Fruta y Pan
Fruit and Bread
- 10 Crema de Verduras
Vegetable Cream
- Muslitos de Pollo en Salsa
Chicken in Sauce
Tomate Aliñado
Seasoned Tomato
Fruta y Pan
Fruit and Bread
- 17 
Festivo
Festive
- 24 Patatas Estofadas con Verduras
Stewed Potatoes with Vegetables
Hamburguesa de Ternera al Horno
Baked Veal Burger
Calabacín Asado
Baked Zucchini
Fruta y Pan
Fruit and Bread
- 31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream
Salchichas de Pavo con Salsa Terrorífica
Turkey Sausages with Terrorific Tomato Sauce
Patata Dado
Diced Potatoes
Yogur y Pan
Yogurt and Bread

- 4 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Revuelto de Queso
Scrambled Eggs with Cheese
Ensalada Variada
Mixed Salad
Yogur y Pan
Yogurt and Bread
- 11 Arroz con Tomate y Huevo Cocido
Rice with Homemade Tomato Sauce and Cooked Egg
Salchichas de Pavo al Horno
Turkey Sausages
Ensalada Variada
Mixed Salad
Flan y Pan
Flan and Bread
- 18 
Festivo
Festive
- 25 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Yogur y Pan
Yogurt and Bread

Lunes

Martes

Miercoles

Jueves

Viernes

- 7** Macarrones a la Boloñesa
Pasta with Bolognese Sauce
 Salchichas de Pavo al Horno
Turkey Sausages
 Ensalada Variada
Mixed Salad
 Fruta y Pan
Fruit and Bread
- 14** Tallarines a la Napolitana
Pasta with Tomato Sauce
 Filete de Pollo
Chicken Breast
 Ensalada Variada
Mixed Salad
 Fruta y Pan
Fruit and Bread
- 21** Crema de Puerros
Leek Cream
 Ragout de Pavo Estofado
Stewed Turkey
 Cous Cous
 Cous Cous
 Fruta y Pan
Fruit and Bread
- 28** Lentejas con Verduras
Stewed Lentils with Vegetables
 Pollo en Salsa
Chicken in Sauce

 Ensalada Variada
Mixed Salad
 Fruta y Pan
Fruit and Bread

- 1** Crema de Calabacín con Queso
Zucchini Cream with Cheese
 Merluza a la Andaluza
Floured Hake
 Ensalada Variada
Mixed Salad
 Fruta y Pan
Fruit and Bread
- 8** Sopa de Estrellitas
Star Soup
 Lomo de Sajonia
Saxony Pork
 Patatas Fritas
French Fries
 Fruta y Pan
Fruit and Bread
- 15** Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
 Cinta de Lomo al Horno
Baked Loin
 Calabacín Rebozado
Fried Zucchini
 Fruta y Pan
Fruit and Bread
- 22** Lentejas con Arroz
Stewed Lentils with Rice
 Merluza en Salsa
Hake in Sauce
 Brócoli Salteado
Sauteed Broccoli
 Fruta y Pan
Fruit and Bread
- 29** Espaguettis a la Carbonara
Carbonara Spaguettis
 Merluza en Salsa
Hake in Sauce

 Tomate Aliñado
Seasoned Tomato
 Fruta y Pan
Fruit and Bread

- 2** Crema de Verduras
Vegetable Cream
 Cinta de Lomo Asada al Limón
Roasted Pork with Lemon
 Patata Asada
Roasted Potatoes
 Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 9** Lentejas con Verduras
Stewed Lentils with Vegetables
 Merluza a la Andaluza
Floured Hake
 Arroz Pilaf
Rice
 Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 16** Alubias Blancas con Verduras
Stewed White Beans with Vegetables
 Merluza a la Romana
Floured Hake
 Patata Dado
Diced Potatoes
 Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 23** Coditos al Gratén
Pasta au Gratin
 Pollo en Salsa
Chicken in Sauce
 Ensalada Variada
Mixed Salad
 Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 30** Paella de Verduras
Rice with Vegetables
 Magro de Cerdo Estofado
Stewed Lean Pork

 Patata Cocida
Boiled Potatoes
 Yogur y Pan Integral
Yogurt and Whole Wheat Bread

- 3** Sopa de Cocido
Meat Soup
 Cocido Completo
Chickpeas with Meat and Vegetables
 Repollo
Cabbage
 Fruta y Pan
Fruit and Bread
- 10** Crema de Verduras
Vegetable Cream
 Muslitos de Pollo en Salsa
Chicken in Sauce
 Tomate Aliñado
Seasoned Tomato
 Fruta y Pan
Fruit and Bread
- 17** 
Festivo
Festive
- 24** Patatas a la Marinera
Stewed Potatoes with Squids
 Hamburguesa de Ternera al Horno
Baked Veal Burger
 Calabacín Asado
Baked Zucchini
 Fruta y Pan
Fruit and Bread
- 31** Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream
 Salchichas de Pavo con Salsa Terrorífica
Turkey Sausages with Terrorific Tomato Sauce
 Patata Dado
Diced Potatoes
 Yogur y Pan
Yogurt and Bread

- 4** Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
 Merluza en Salsa
Hake in Sauce
 Ensalada Variada
Mixed Salad
 Yogur y Pan
Yogurt and Bread
- 11** Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
 Merluza al Horno
Baked Hake
 Ensalada Variada
Mixed Salad
 Flan y Pan
Flan and Bread
- 18** 
Festivo
Festive
- 25** Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
 Merluza a la Andaluza
Floured Hake
 Ensalada Variada
Mixed Salad
 Yogur y Pan
Yogurt and Bread

Lunes

Martes

Miercoles

Jueves

Viernes

- 1 Crema de Calabacín
Zucchini Cream
Merluza a la Andaluza
Floured Hake
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 7 Pasta S/Gluten S/Huevo a la Boloñesa
Gluten Free Pasta with Bolognese
Salchichas de Pavo al Horno
Turkey Sausages
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 14 Pasta S/Gluten S/Huevo a la Napolitana
Gluten-Egg Free Pasta with Tomato Sauce
Filete de Pollo
Chicken Breast
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 21 Crema de Puerros
Leek Cream
Ragout de Pavo Estofado
Stewed Turkey
Cous Cous
Cous Cous
Fruta y Pan
Fruit and Bread
- 28 Lentejas con Verduras
Stewed Lentils with Vegetables

Pollo en Salsa
Chicken in Sauce

Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread

- 1 Crema de Calabacín
Zucchini Cream
Merluza a la Andaluza
Floured Hake
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 8 Sopa de Fideos S/Gluten S/Huevo
Gluten- Free Noodle Soup
Lomo de Sajonia
Saxony Pork
Patatas Fritas
French Fries
Fruta y Pan
Fruit and Bread
- 15 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Cinta de Lomo al Horno
Baked Loin
Calabacín Asado
Baked Zucchini
Fruta y Pan
Fruit and Bread
- 22 Lentejas con Arroz
Stewed Lentils with Rice
Merluza en Salsa
Hake in Sauce
Brócoli Salteado
Sautéed Broccoli
Fruta y Pan
Fruit and Bread
- 29 Pasta S/Gluten S/Huevo a la Carbonara
Carbonara Gluten-Egg Free Pasta
(Gluten-Free Flour)
Merluza en Salsa
Hake in Sauce

Tomate Aliñado
Seasoned Tomato
Fruta y Pan
Fruit and Bread

- 2 Crema de Verduras
Vegetable Cream
Cinta de Lomo Asada al Limón
Roasted Pork with Lemon
Patata Asada
Roasted Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 9 Lentejas con Verduras
Stewed Lentils with Vegetables
Merluza a la Andaluza
Floured Hake
Arroz Pilaf
Rice
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 16 Alubias Blancas con Verduras
Stewed White Beans with Vegetables
Merluza a la Andaluza
Floured Hake
Patata Dado
Diced Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 23 Pasta S/Gluten S/Huevo al Gratín
Gluten-Egg Free Pasta au Gratin
Pollo en Salsa
Chicken in Sauce
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 30 Paella de Verduras
Rice with Vegetables

Magro de Cerdo Estofado
Stewed Lean Pork

Patata Cocida
Boiled Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

- 3 Sopa de Cocido (Fideos S/Gluten S/Huevo)
Meat Soup with Gluten Free Noodles
Cocido Completo
Chickpeas with Meat and Vegetables
Repollo
Cabagge
Fruta y Pan
Fruit and Bread
- 10 Crema de Verduras
Vegetable Cream
Muslitos de Pollo en Salsa
Chicken in Sauce
Tomate Aliñado
Seasoned Tomato
Fruta y Pan
Fruit and Bread
- 17 
Festivo
Festive
- 24 Patatas a la Marinera
Stewed Potatoes with Squids
Hamburguesa de Ternera al Horno
Baked Veal Burger
Calabacín Asado
Baked Zucchini
Fruta y Pan
Fruit and Bread
- 31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream

Salchichas de Pavo con Salsa Terrorífica
Turkey Sausages with Terrorific Tomato Sauce
Patata Dado
Diced Potatoes
Yogur y Pan
Yogurt and Bread

- 4 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Merluza en Salsa
Hake in Sauce
Ensalada Variada
Mixed Salad
Yogur y Pan
Yogurt and Bread
- 11 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Merluza al Horno
Baked Hake
Ensalada Variada
Mixed Salad
Flan y Pan
Flan and Bread
- 18 
Festivo
Festive
- 25 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Merluza a la Andaluza
Floured Hake
Ensalada Variada
Mixed Salad
Yogur y Pan
Yogurt and Bread

Lunes

Martes

Miercoles

Jueves

Viernes

- 1 Crema de Calabacín
Zucchini Cream
Merluza a la Andaluza
Floured Hake
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 7 Pasta S/Gluten S/Huevo a la Boloñesa
Gluten Free Pasta with Bolognese
Salchichas de Pavo al Horno
Turkey Sausages
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 14 Pasta S/Gluten S/Huevo a la Napolitana
Gluten-Egg Free Pasta with Tomato Sauce
Filete de Pollo
Chicken Breast
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 21 Crema de Puerros
Leek Cream
Ragout de Pavo Estofado
Stewed Turkey
Cous Cous
Cous Cous
Fruta y Pan
Fruit and Bread
- 28 Lentejas con Verduras
Stewed Lentils with Vegetables

Pollo en Salsa
Chicken in Sauce

Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread

- 2 Crema de Verduras
Vegetable Cream
Cinta de Lomo Asada al Limón
Roasted Pork with Lemon
Patata Asada
Roasted Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 8 Sopa de Fideos S/Gluten S/Huevo
Gluten- Free Noodle Soup
Lomo de Sajonia
Saxony Pork
Patatas Fritas
French Fries
Fruta y Pan
Fruit and Bread
- 15 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Cinta de Lomo al Horno
Baked Loin
Calabacín Asado
Baked Zucchini
Fruta y Pan
Fruit and Bread
- 22 Lentejas con Arroz
Stewed Lentils with Rice
Merluza en Salsa
Hake in Sauce
Brócoli Salteado
Sautéed Broccoli
Fruta y Pan
Fruit and Bread
- 29 Pasta S/Gluten S/Huevo a la Carbonara
Carbonara Gluten-Egg Free Pasta
(Gluten-Free Flour)
Merluza en Salsa
Hake in Sauce

Tomate Aliñado
Seasoned Tomato
Fruta y Pan
Fruit and Bread

- 2 Crema de Verduras
Vegetable Cream
Cinta de Lomo Asada al Limón
Roasted Pork with Lemon
Patata Asada
Roasted Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 9 Lentejas con Verduras
Stewed Lentils with Vegetables
Merluza a la Andaluza
Floured Hake
Arroz Pilaf
Rice
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 16 Alubias Blancas con Verduras
Stewed White Beans with Vegetables
Merluza a la Andaluza
Floured Hake
Patata Dado
Diced Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 23 Pasta S/Gluten S/Huevo al Gratén
Gluten-Egg Free Pasta au Gratin
Pollo en Salsa
Chicken in Sauce
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 30 Paella de Verduras
Rice with Vegetables

Magro de Cerdo Estofado
Stewed Lean Pork

Patata Cocida
Boiled Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

- 3 Sopa de Cocido (Fideos S/Gluten S/Huevo)
Meat Soup with Gluten Free Noodles
Cocido Completo
Chickpeas with Meat and Vegetables
Repollo
Cabagge
Fruta y Pan
Fruit and Bread
- 10 Crema de Verduras
Vegetable Cream
Muslitos de Pollo en Salsa
Chicken in Sauce
Tomate Aliñado
Seasoned Tomato
Fruta y Pan
Fruit and Bread
- 17 
Festivo
Festive
- 24 Patatas a la Marinera
Stewed Potatoes with Squids
Hamburguesa de Ternera al Horno
Baked Veal Burger
Calabacín Asado
Baked Zucchini
Fruta y Pan
Fruit and Bread
- 31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream

Salchichas de Pavo con Salsa Terrorífica
Turkey Sausages with Terrorific Tomato Sauce
Patata Dado
Diced Potatoes
Yogur y Pan
Yogurt and Bread

- 4 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Merluza en Salsa
Hake in Sauce
Ensalada Variada
Mixed Salad
Yogur y Pan
Yogurt and Bread
- 11 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Merluza al Horno
Baked Hake
Ensalada Variada
Mixed Salad
Flan y Pan
Flan and Bread
- 18 
Festivo
Festive
- 25 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Merluza a la Andaluza
Floured Hake
Ensalada Variada
Mixed Salad
Yogur y Pan
Yogurt and Bread

Lunes

Martes

Miercoles

Jueves

Viernes

7 Macarrones a la Boloñesa de Ternera
Pasta with Veal Bolognese Sauce

Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread

14 Tallarines a la Napolitana
Pasta with Tomato Sauce

Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread

21 Crema de Puerros
Leek Cream

Ragout de Pavo Estofado
Stewed Turkey
Cous Cous
Cous Cous
Fruta y Pan
Fruit and Bread

28 Lentejas con Verduras
Stewed Lentils with Vegetables

Tortilla de Patata
Potato Omelette

Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread

1 Crema de Calabacín con Queso
Zucchini Cream with Cheese

Merluza a la Andaluza
Floured Hake

Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread

8 Sopa de Estrellitas
Star Soup

Salchichas de Pavo al Horno
Turkey Sausages
Patatas Fritas
French Fries
Fruta y Pan
Fruit and Bread

15 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce

Pollo al Horno
Baked Chicken
Calabacín Rebozado
Fried Zucchini
Fruta y Pan
Fruit and Bread

22 Lentejas con Arroz
Stewed Lentils with Rice

Merluza en Salsa
Hake in Sauce
Brócoli Salteado
Sautéed Broccoli
Fruta y Pan
Fruit and Bread

29 Espaguettis a la Carbonara (sin Bacon)
Carbonara Spaguettis (without bacon)

Merluza en Salsa
Hake in Sauce

Tomate Aliñado
Seasoned Tomato
Fruta y Pan
Fruit and Bread

2 Crema de Verduras
Vegetable Cream

Pollo Asado
Roasted Chicken

Patata Asada
Roasted Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

9 Lentejas con Verduras
Stewed Lentils with Vegetables

Merluza a la Andaluza
Floured Hake
Arroz Pilaf
Rice
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

16 Alubias Blancas con Verduras
Stewed White Beans with Vegetables

Merluza a la Romana
Floured Hake
Patata Dado
Diced Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

23 Coditos al Gratén
Pasta au Gratin

Revuelto de Pavo
Scrambled Eggs with Turkey
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

30 Paella de Verduras
Rice with Vegetables

Pollo en Salsa
Chicken in Sauce

Patata Cocida
Boiled Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

3 Sopa de Fideos
Noodle Soup

Cocido (Sin Cerdo)
Chickpeas with Meat and Vegetables (without Pork)
Repollo
Cabagge
Fruta y Pan
Fruit and Bread

10 Crema de Verduras
Vegetable Cream

Muslitos de Pollo en Salsa
Chicken in Sauce
Tomate Aliñado
Seasoned Tomato
Fruta y Pan
Fruit and Bread

17



Festivo
Festive

24 Patatas a la Marinera
Stewed Potatoes with Squids

Hamburguesa de Ternera al Horno
Baked Veal Burger
Calabacín Asado
Baked Zucchini
Fruta y Pan
Fruit and Bread

31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream

Salchichas de Pavo con Salsa Terrorífica
Turkey Sausages with Terrorific Tomato Sauce
Patata Dado
Diced Potatoes
Yogur y Pan
Yogurt and Bread

4 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce

Merluza en Salsa
Hake in Sauce

Ensalada Variada
Mixed Salad
Yogur y Pan
Yogurt and Bread

11 Arroz con Tomate y Huevo Cocido
Rice with Homemade Tomato Sauce and Cooked Egg

Merluza al Horno
Baked Hake
Ensalada Variada
Mixed Salad
Flan y Pan
Flan and Bread

18



Festivo
Festive

25 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce

Merluza a la Andaluza
Floured Hake
Ensalada Variada
Mixed Salad
Yogur y Pan
Yogurt and Bread

Lunes

Martes

Miercoles

Jueves

Viernes

- 1 Pasta S/Gluten S/Huevo a la Boloñesa
Gluten Free Pasta with Bolognese
- 7 Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread
- 14 Pasta S/Gluten S/Huevo a la Napolitana
Gluten-Egg Free Pasta with Tomato Sauce
Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread
- 21 Crema de Puerros
Leek Cream
Ragout de Pavo Estofado
Stewed Turkey
Arroz Pilaf
Rice
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread
- 28 Sopa de Fideos S/Gluten S/Huevo
Gluten- Free Noodle Soup
- Tortilla de Patata
Potato Omelette
- Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

- 1 Crema de Calabacín
Zucchini Cream
Merluza a la Andaluza
Floured Hake
Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread
- 8 Sopa de Fideos S/Gluten S/Huevo
Gluten- Free Noodle Soup
- Lomo de Sajonia
Saxony Pork
Patatas Fritas
French Fries
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread
- 15 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Cinta de Lomo al Horno
Baked Loin
Calabacín Asado
Baked Zucchini
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread
- 22 Crema de Verduras
Vegetable Cream
Merluza en Salsa
Hake in Sauce
Brócoli Salteado
Sautéed Broccoli
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread
- 29 Pasta S/Gluten S/Huevo a la Carbonara
Carbonara Gluten-Egg Free Pasta
(Gluten-Free Flour)
Merluza en Salsa
Hake in Sauce
- Tomate Aliñado
Seasoned Tomato
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

- 2 Crema de Verduras
Vegetable Cream
Cinta de Lomo Asada al Limón
Roasted Pork with Lemon
Patata Asada
Roasted Potatoes
Yogur y Pan S/Gluten
Yogurt and Gluten-Free Bread
- 9 Patatas Estofadas con Verduras
Stewed Potatoes with Vegetables
- Merluza a la Andaluza
Floured Hake
Arroz Pilaf
Rice
Yogur y Pan S/Gluten
Yogurt and Gluten-Free Bread
- 16 Alubias Blancas con Verduras
Stewed White Beans with Vegetables
Merluza a la Romana
Floured Hake
Patata Dado
Diced Potatoes
Yogur y Pan S/Gluten
Yogurt and Gluten-Free Bread
- 23 Pasta S/Gluten S/Huevo al Gratín
Gluten-Egg Free Pasta au Gratin
Revuelto de Jamón York
Scrambled Eggs with Ham
Ensalada Variada
Mixed Salad
Yogur y Pan S/Gluten
Yogurt and Gluten-Free Bread
- 30 Paella de Verduras
Rice with Vegetables
- Magro de Cerdo Estofado
Stewed Lean Pork
- Zanahorias Cubito Salteadas
Sautéed Carrots
Yogur y Pan S/Gluten
Yogurt and Gluten-Free Bread

- 3 Sopa de Cocido (Fideos S/Gluten S/Huevo)
Meat Soup with Gluten Free Noodles
Cocido Completo
Chickpeas with Meat and Vegetables
Repollo
Cabagge
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread
- 10 Crema de Verduras
Vegetable Cream
- Muslitos de Pollo en Salsa
Chicken in Sauce
Tomate Aliñado
Seasoned Tomato
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread
- 17 
Festivo
Festive
- 24 Patatas a la Marinera
Stewed Potatoes with Squids
Cinta de Lomo al Horno
Baked Loin
Calabacín Asado
Baked Zucchini
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread
- 31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream
- Salchichas de Pavo con Salsa Terrorífica
Turkey Sausages with Terrorific Tomato Sauce
Patata Dado
Diced Potatoes
Yogur y Pan S/Gluten
Yogurt and Gluten-Free Bread

- 4 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Merluza en Salsa
Hake in Sauce
Ensalada Variada
Mixed Salad
Yogur y Pan S/Gluten
Yogurt and Gluten-Free Bread
- 11 Arroz con Tomate y Huevo Cocido
Rice with Homemade Tomato Sauce and Cooked Egg
Merluza al Horno
Baked Hake
Ensalada Variada
Mixed Salad
Flan y Pan S/Gluten
Flan and Gluten-Free Bread
- 18 
Festivo
Festive
- 25 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Merluza a la Andaluza
Floured Hake
Ensalada Variada
Mixed Salad
Yogur y Pan S/Gluten
Yogurt and Gluten-Free Bread